

Haemovit Liquid Gold 200ml - HealthAid

Feeling stressed, run down and lacking energy? Haemovit Liquid Gold is a unique formula that delivers optimum amounts of B Vitamins, Iron, Zinc, and herbal extracts including Ginseng, Bilberry and Astragalus. Whilst being gentle to the stomach it works synergistically to give the system a boost in energy, health and vitality. This formulation is carefully blended with natural Fruit extracts, Malt and Bilberry to give a great tasting liquid supplement. The formula will help to release energy from food, form haemoglobin for red blood cells, utilise oxygen to the brain, heart muscles and tissues and work with your body to revitalise and energise it.

Who Needs To Use Haemovit Liquid Gold?

- Vegans and Vegetarians - as they are at higher risk of developing Vitamin B12 deficiencies.
- Executives - as the B Vitamins are required for the release of energy the brain.
- Athlete's - iron may be important for endurance athletes, to help maintain stamina and performance.
- The Elderly - Folic Acid and B12 can be beneficial in maintaining good memory. Studies have shown that the elderly diet lacks B Vitamins, Vitamin C, Iron and Potassium, all of which are contained in Haemovit™ Liquid Gold.
- Adolescents and growing children- to help maintain appetite, intellectual and physical development.
- Menstruating women – to help maintain blood formation, to replace blood lost during the monthly cycle.
- Women of childbearing age- as about 15-20% of them may suffer from iron deficiency anaemia due to menstruation, pregnancy, and pathological blood loss and defective diets.
- Smokers - whose antioxidant and vitamin status may be compromised,. Taking Haemovit™ may replenish the nutrients that are destroyed through smoking.

Recommended Daily Allowance for Haemovit Liquid Gold:

Children 3-6 years, one teaspoonful (5ml) daily.
Adults and children over 6 years, two teaspoonfuls (10ml) daily.

Shake well before use.

**** Food Supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.**

Each 10ml contains (average)		%NRV	Each 10ml contains (average)		%NRV
Vitamin C	60mg	100	Thiamine (Vitamin B1)	1.4mg	100
Riboflavin (Vitamin B2)	2.2mg	138	Niacin (Vitamin B3)	18mg	100
Vitamin B6 (Pyridoxine)	2mg	100	Folic acid (Folacin)	400µg	200
Vitamin B12	2µg	200	Pantothenic acid	8mg	133
Iron	14mg	100	Zinc	15mg	100
Iodine	150µg	100	Lysine	200mg	*

Calcium glycerophosphate	45mg	*	Potassium glycerophosphate	45mg	*
Sodium glycerophosphate	23mg	*	Manganese glycerophosphate	0.3mg	*
Honey	220mg	*	Malt extract	1000mg	*
Ginkgo biloba leaf extract	10mg	*	Sarsaparilla extract	10mg	*
Birch leaf extract				10mg	*

*: EC Nutrient Reference Value Not Yet Established

INGREDIENTS FOR HAEMOVIT LIQUID:

Malt Extract, Glycerine (Veg), Honey, Lysine HCL, Vitamin C (As Ascorbic Acid), Blackcurrant Flavour, Calcium Glycerophosphate, Xanthan Gum, Preservatives (Potassium Sorbate), Niacin (as Nicotinamide), Zinc Sulphate, Iron (as Ferric Ammonium Citrate), Ginkgo Biloba Leaf extract, Sarsaparilla Extract, Birch Leaf Extract, Saccharin Sodium, Pantothenic Acid (Vitamin B5), Riboflavin (Vitamin B2), Vitamin B6 (Pyridoxine HCl), Thiamine HCl (Vitamin B1), Manganese Glycerophosphate, Folic Acid (Folacin), Iodine (Potassium Iodide), Vitamin B12 (Cyanocobalamin).